121ХТ.          01.10. 2021

   Topic: Meals. Ukrainian cuisine.

1 Do exercise 2 page 33 and make 4 sentences with these words.

2 Answer the following questions.

1 Who has the problems with health?

2 What foods are called junk food?

3 Is junk food healthy?

4 What does junk food contain?

5 What do children have to do to be healthy?

3 Read the text ( exercise 6 page 34 ) and say what Ukrainian dishes you like most and which of them in your opinion are healthy and which are not.

4 Ask 5 questions about Ukrainian cuisine and write them in your copy - books.

5Discuss what food is good for you and why, and what food is bad for you and why? Give your reasons.

These words can help you:

Healthy, unhealthy, spicy, useful, sweet, fatty, important, to grow, vegetables, vitamins, fruit, to do sports, junk food, teeth, skin, good , bad, bones, acid, bitter, disgusting.

6 Do exercise 3 page 37 - 38 and say if the food you eat is healthy.

7 Write a recipe of your favourite dish.

8 Put verbs in correct form.

1 When my parents ( to come ) home I  ( to cook ) dinner.

2 I ( to finish ) my article by 2 o' clock yesterday.

3 O. Henry ( to write ) a lot of shot stories.

4 I (to buy ) this book yesterday.

5 The American Civil War ( to begin ) in1861.

6 She ( to pack ) her things, ( to take ) the suitcase and (to go ) to the airport.